

ROCHELLE PARK OFFICE OF EMERGENCYMANAGEMENT

SEPTEMBER IS NATIONAL PREPAREDNESS MONTH



Week 4 - Practice & Build Out Your Plans

The 2017 National Preparedness Month theme is “Disasters Don’t Plan Ahead. You Can.”

Make a plan today. Your family may not be together if a disaster strikes, so it is important to know which types of disasters could affect your area. Know how you’ll contact one another and reconnect if separated. Establish a family meeting place that’s familiar and easy to find.

Step 1: Put together a plan by discussing these 4 questions with your family, friends, or household to start your emergency plan.

1. How will I receive emergency alerts and warnings?
2. What is my shelter plan?
3. What is my evacuation route?
4. What is my family/household communications plan??

Step 2: Consider specific needs in your household.

As you prepare your plan tailor your plans and supplies to your specific daily living needs and responsibilities. Discuss your needs and responsibilities and how people in the network can assist each other with communication, care of children, business, pets, or specific needs like the operation of durable medical equipment. Create your own personal network for specific areas where you need assistance. Keep in mind some these factors when developing your plan:

- Different ages of members within your household
- Responsibilities for assisting others
- Locations frequented
- Dietary needs
- Medical needs including prescriptions and equipment
- Disabilities or access and functional needs including devices and equipment
- Languages spoken
- Cultural and religious considerations
- Pets or service animals
- Households with school-aged children

Step 3: Fill out a Family Emergency Plan

Download and fill out a family emergency plan or use them as a guide to create your own. Go online at ready.gov/make-a-plan or contact the Rochelle Park Office of Emergency Management.

Step 4: Practice your plan with your family/household

For additional information please call the Office of Emergency Management at 201-587-7734 or go online at www.ready.gov

Peter Donatello NJCEM
Emergency Management Coordinator, Township of Rochelle Park