

ROCHELLE PARK OFFICE OF EMERGENCYMANAGEMENT

SEPTEMBER IS NATIONAL PREPAREDNESS MONTH



WEEK 5 – BUILD An EMERGENCY KIT

The 2016 NPM theme is “Don’t Wait. Communicate. Make Your Emergency Plan Today.”

Since August 28, the Rochelle Park Office OF Emergency Management has provided residents with helpful tips on Disaster Awareness and Preparedness. For additional information on any of the topics listed below please call the Rochelle Park Office of Emergency Management at 201-587-7734.

- Week 1 – August 28 - Flood – Hurricane Preparedness
- Week 2 – September 4 - Preparing Family & Friends
- Week 3 – September 11 – Preparing Through Service
- Week 4 –September 18 – Individual Preparedness
- **Week 5 – September 28 – Build An Emergency Kit**

Week 5- Build a basic emergency supply kit or have supplies you need in case of emergency.

- Water one gallon of water per person per day for at least three days for drinking/ sanitation
- Food at least three day supply of non-perishable food
- Battery powered or hand crank radio - NOAA Weather Radio with tone alert
- Flashlight, extra batteries & Cell phone with charger & extra batteries or solar charger
- First aid kit along with a Whistle to signal for help
- Dust mask to filter contaminated air, plastic sheeting & duct tape to shelter in place
- Moist towelettes, garbage bags and plastic ties for personal sanitation
- Wrench or pliers to turn off utilities and a Manual can opener for food
- All pet owners are urged to keep a pet emergency supply kit,
- Medications, vaccination records (especially rabies records) and first aid pet supplies
- Comfort items such as a toy and blanket & small garbage bags, leashes or carriers
- Current photos and physical description of your pets, including details on markings
- Three-or-more-day supply of food in airtight, water proof container and drinking water
- Extra cash and credit cards

For more tips and information visit www.ready.gov/prepare #NatlPrep

Sincerely, Peter Donatello, Emergency Management Coordinator, Township of Rochelle Park